



## Checklist: Staying COVID Safe at gatherings and get-togethers

As at 30 November 2020

This is a general checklist to be used when considering holding a gathering or getting together with friends and family. This checklist is not to be used if you are hosting an event - follow the [COVID Safe Events Checklist](#) (for up to 500 people indoors / 1,500 people outdoors).

### What you need to do to safely gather and get-together with family and friends

#### 1. If attending a social gathering

- Stay at home** if you are feeling unwell or if you have had a COVID-19 test and are awaiting the test result.
- Get outside** – where possible, try and stay outdoors or in a well-ventilated area (remember to be sun-smart).
- Spread out** – maintain at least 1.5m between household groups; minimise physical interaction (for example touching).
- Hand hygiene** – wash your hands regularly, or if handwashing facilities are not available bring hand sanitiser.
- Respiratory hygiene** – remember to sneeze or cough into your arm or a tissue (then put the tissue in the bin).
- Cleaning** – minimise touching to limit cleaning requirements.
- Food and snacks** – if taking food or snacks to share, they should be served on individual plates or be individually wrapped. Avoid self-service buffets, grazing/share plates and shared utensils.
- Drinks** – avoid sharing drinks and do not use self-service drinks stations.
- Vulnerable people** – take extra care around people aged 70 years and over, people with compromised immune systems, and people with some chronic medical conditions as they are at greater risk of more serious illness from COVID-19.

#### 2. If organising a social gathering

- Check the [Queensland Health website](#) to determine the **maximum number people allowed at your gathering or get-together**.
- If you or a member of the household is unwell** – cancelling the gathering is strongly recommended.
- Get outside** – where possible, hold your gathering or get-together outdoors or in a well-ventilated area (remember to be sun-smart).
- Spread out** – encourage people to maintain physical distancing (1.5m) when visiting; discourage physical interaction (for example hugs, kisses and handshakes).
- Hand hygiene** – remind people to wash hands regularly, or if handwashing facilities are not available provide hand sanitiser.
- Rubbish bins** – have rubbish bins available and empty them before they over-fill.
- Cleaning** – wipe down frequently touched areas (e.g. toilet, bathroom sinks) and surfaces with detergent or disinfectant regularly.



- Food and snacks** – serve on individual plates or ensure they are individually wrapped – do not offer self-service buffets, grazing/share plates and sharing utensils.
- Drinks** – avoid guests sharing drinks and do not offer self-serve drinks stations.
- Vulnerable people** – ensure extra care is taken around people aged 70 years and over, people with compromised immune systems, and people with some chronic medical conditions as they are at greater risk of more serious illness from COVID-19.

### 3. Review and Monitor

- If there is an outbreak of COVID-19 in Queensland, further restrictions may be put in place that limits gatherings or events and activities. You can find the current requirements in the [Public Health Directions](#).
- Keep up to date and find additional guidance at [www.covid19.qld.gov.au](http://www.covid19.qld.gov.au) and [www.worksafe.qld.gov.au](http://www.worksafe.qld.gov.au).
- People who have concerns about whether a gathering is complying with the requirements of a Public Health Direction, or the Industry Framework for COVID Safe Events, can call **134 COVID (13 42 68)**.